

REFERRAL FORM – PHN-Funded Mental Health Stepped Care Services



An Australian Government Initiative

Forward completed Referral via Medical Objects (*GCPHN Referrals*)
or Fax: 07 3186 4099

This referral form will be used by a clinical triage and intake team to support referrals into GCPHN funded mental health services within a stepped care model. GPs and Psychiatrists can call 07 3186 4000 for service information and referral pathways in the Gold Coast region to effectively support and manage your care planning with patients. This will ensure the right level of intervention at the appropriate time, according to their individual needs and supporting the provision of the stepped care approach.

Note, this form complies with Mental Health Treatment Plan requirements for billing items 2700/2701 or 2715/2717.

Referral Date:

Note, if crisis assistance is required, please contact Emergency Services on 000 or Acute Care Team on 1300 642 255

The information in this form has been discussed with, and provided to, the patient.

Patient or Parent/Guardian/Carer consent for referral? Y N

Referrer Details (Must be a General Practitioner or Private Psychiatrist)

General Practitioner Psychiatrist

Name:

Email:

Practice Name: (*practice stamp if available*)

Practice Suburb:

Practice Ph:

Practice Fax:

Patient Details

All information below is critical to support the triage and intake process. Please complete all fields.

Patient Name:

DOB:

Gender Identity: M F

Other Identity _____

Sexual Identity: (*Optional*) _____

Parent/Guardian/Carer Name:

Relationship to child:

Address:

Experiencing homelessness

Postcode:

Home Ph:

Mobile Ph:

Health Care/Pension Card:

Y N

As part of your assessment of the patient, do you consider them financially disadvantaged?

Y N

Aboriginal or Torres Strait Islander status: Aboriginal Torres Strait Islander Both Neither

Language spoken at home:

Country of Birth:

Level of English proficiency _____ 0. NA 1. Very Well 2. Well 3. Not Well 4. Not at all

Has the Patient received Better Access services this calendar year? (Mental Health Treatment Plan) Y N

Clinical Information

Principal Mental Health Diagnosis:

Stress / Low mood / Disrupted sleep / Mild symptoms of depression and/or anxiety

PTSD Complex trauma OCD Bipolar

Schizophrenia Psychosis Substance misuse Major depressive disorder

Anxiety Other: _____

Family History of Mental Illness

Y N

Increased risk of harm to self?

Is the person currently self-harming Y N

Is the person at increased risk of suicide Y N

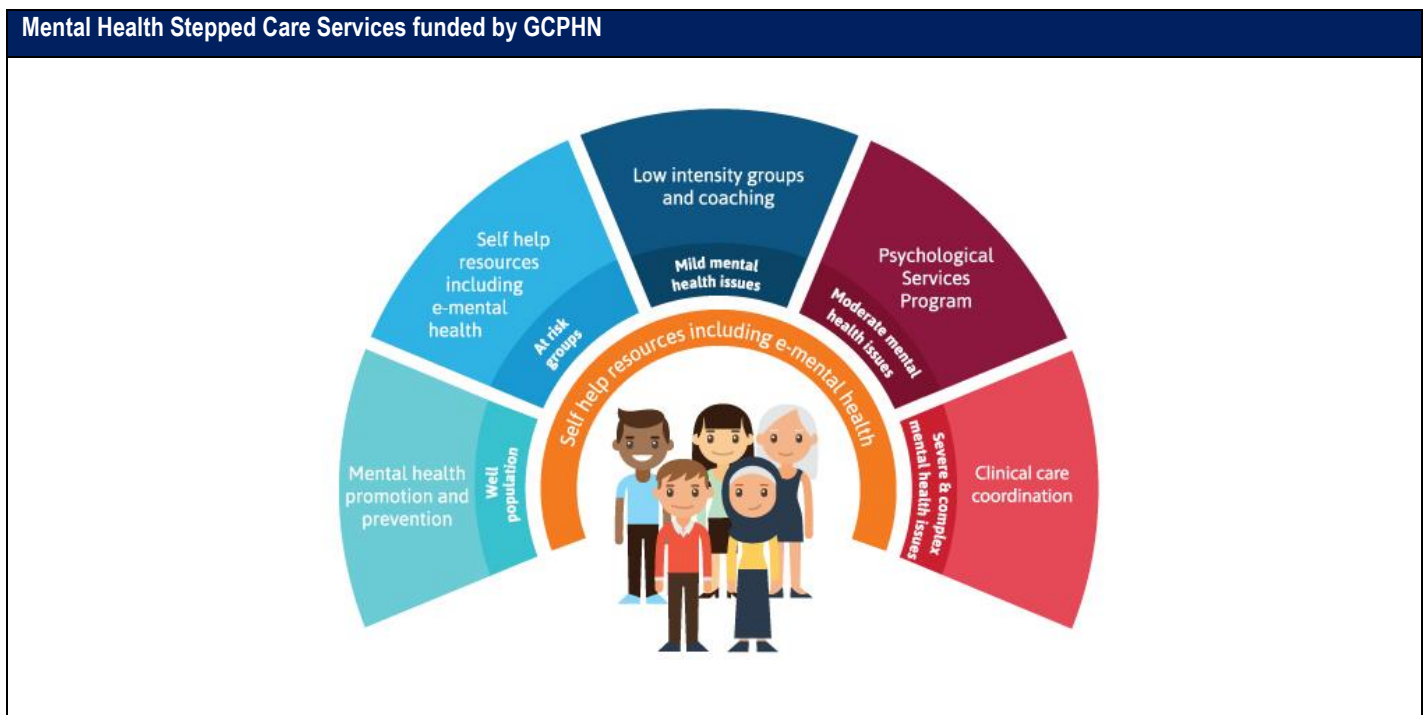
Please note this is not a crisis service. If assessed at high risk of suicide, please contact Emergency Services on 000 or Acute Care Team on 1300 642 255.

Additional Diagnosis:

(Please provide details)

Primary reason for referral: <i>(principle reason for treatment and relevant history)</i>		
Key Issues Identified by the patient and health practitioner:		
<input type="checkbox"/> Physical Health <input type="checkbox"/> Psychological Support <input type="checkbox"/> Housing/Accommodation <input type="checkbox"/> Homelessness <input type="checkbox"/> Centrelink/Accessing Benefits <input type="checkbox"/> Exercise	<input type="checkbox"/> Relationships <input type="checkbox"/> Daily Living Activities <input type="checkbox"/> Transport <input type="checkbox"/> Education <input type="checkbox"/> Employment <input type="checkbox"/> Assistive Technology	<input type="checkbox"/> Domestic & Family Violence <input type="checkbox"/> Social <input type="checkbox"/> Isolation <input type="checkbox"/> Financial <input type="checkbox"/> Diet <input type="checkbox"/> Other _____
Treatment Goals and Hopes of the patient:		
Medications:		
What existing mental health services are being accessed?		
K10 Score		
Are there any risk factors we should be aware of?	<input type="checkbox"/> No <input type="checkbox"/> Yes – Please specify or attach existing risk assessment.	
Preferred Provider Gender (if applicable):	<input type="checkbox"/> M <input type="checkbox"/> F <input type="checkbox"/>	

If claiming GP Mental Health Treatment Plan Medicare items (2700, 2701, 2715 or 2717) the below information is also required. <i>Note, for PHN purposes, a GP Mental Health Treatment Plan is only required for the Psychological Services Program referrals.</i>
Crisis intervention plan and/or relapse prevention:
Psycho-education provided: <input type="checkbox"/> No <input type="checkbox"/> Yes
Review date:



Please fax this form to 07 3186 4099. Phone 07 3186 4000 for further information.

www.pccs.org.au

PCCS acknowledges financial and other support from the Australian Government Department of Health
Primary & Community Care Services, Ltd (ABN 92 154 673 793)



Service Need	Services Available	Service Description
<p>The clinical triage team will determine which service is most suitable along the stepped care continuum unless pre-selected by the referrer by ticking the boxes below. Please contact the GP and Psychiatrists Information and Advice line on 07 3186 4000 if you would like to discuss further. Note, these services are not crisis services. If crisis assistance is required, please contact Emergency Services on 000 or Acute Care Team on 1300 642 255.</p>		
Aboriginal and Torres Strait Islander Mental Health	<input type="checkbox"/> Kalwun Social Health	Social and emotional well-being services delivered by a Mental Health Nurse and Aboriginal Case Manager, within an integrated AOD and mental health model.
Mild Mental Health Issues	<input type="checkbox"/> NewAccess Coaching <input type="checkbox"/> Health and Well-being Groups	<p>Evidence based psychological interventions that most appropriately support people with, or at risk of, mild mental illness (primarily anxiety and/or depressive symptoms). Individual coaching and group-based therapy is available.</p> <p>NewAccess Program: developed by beyondblue includes up to 6 sessions of low intensity CBT which can be delivered over the phone, via Skype or in person by a trained mental health coach. For ages 16+.</p> <p>Health and Well-being Group Programs for: <input type="checkbox"/> Anyone <input type="checkbox"/> CALD <input type="checkbox"/> LGBTIQAP+ <input type="checkbox"/> Dual Diagnosis (co-existing mental health and substance use issues)</p>
Youth Mental Health	<input type="checkbox"/> Plus Social Clinical Care Coordination Program <input type="checkbox"/> Headspace <input type="checkbox"/> hYEPP – Headspace Youth Early Psychosis Program	<p>Plus Social Program: Clinical care coordination service for young people at risk of severe mental illness who meet the above criteria.</p> <p>Headspace: Early intervention mental health services, along with assistance in promoting wellbeing: mental health, physical health, work and study support and AOD services.</p> <p>hYEPP: hYEPP provides specialist mental health treatment services for young people experiencing or at increased risk of psychosis.</p> <p><input type="checkbox"/> Presents with any attenuated psychotic symptoms such as: overvalued ideas, magical ideation, perceptual disturbances and/or decline in functioning over the last 3 months All programs are for ages 12-25. See Psychological Services Program for children aged 0-12.</p>
Moderate Mental Health Issues	<input type="checkbox"/> Psychological Services Program	<p>Short-term psychological interventions for financially disadvantaged people with non-crisis, non-chronic, moderate mental health conditions, or for people who have attempted, or at risk of suicide or self-harm. Individual and group based therapy is available.</p> <p><input type="checkbox"/> LGBTIQAP+ <input type="checkbox"/> Perinatal <input type="checkbox"/> Children (0-12 years) <input type="checkbox"/> ATSI <input type="checkbox"/> CALD <input type="checkbox"/> Homelessness <input type="checkbox"/> Suicide Prevention</p> <p>Preferred Provider (if applicable):</p>
Severe Mental Health Issues	<input type="checkbox"/> Plus Social Clinical Care Coordination Program	<p>Clinical care coordination services for individuals with severe mental illness who are:</p> <p><input type="checkbox"/> experiencing difficulty navigating and accessing support services <input type="checkbox"/> not already receiving clinical coordination support <input type="checkbox"/> can be managed in a primary care setting (does not require acute care / not engaged with Gold Coast Health)</p> <p>Up to 26 weeks clinical care coordination and wellbeing program that is structured, recovery and goal oriented focused on creating significant improvements in quality of life, health and wellbeing. For ages 12-65.</p>

Please fax this form to 07 3186 4099. Phone 07 3186 4000 for further information.

www.pccs.org.au

PCCS acknowledges financial and other support from the Australian Government Department of Health
Primary & Community Care Services, Ltd (ABN 92 154 673 793)

